

*fresh starts registry*

## *Meal Train Inclusion Letter*

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*Include the next page with your meal for the meal train. Fold it in half and draw a little doodle on the front (or have your little one draw!).*

*Remember to include any potential allergens!*

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*If you don't know what to say here are some ideas:*

*So glad to have you as part  
of our community!*

*Thinking of you and grateful we can fill  
your bellies tonight!*

*We hope you feel our love through this  
[fingers crossed] yummy meal!*

*Today we're serving:* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Heat/bake for* \_\_\_\_\_ *at* \_\_\_\_\_ *degrees.*

*Also you should know...* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_